



PROGRAM CROSSWALK:

The K-5 *Second Step* Program and *Magnificent Marvelous Me*



Supporting Students, Supporting Learning

Magnificent Marvelous Me is an activity book that directly supports the *Second Step* program curriculum, whose goal is to increase K – 5th grade students’ social and academic success by helping them develop social-emotional competencies and self-regulation skills.

Based in therapeutic principals that encourage **social-emotional skills**, this 48-page book complements *Second Step* by reinforcing skills for learning, as well as empathy, emotion management, and problem-solving competencies. The book features age-appropriate expressive activities that are brightly illustrated by professional children’s book, magazine and toy artists.

Use this **Program Crosswalk** to help identify key *Magnificent Marvelous Me* activities that complement and support the learning in the *Second Step* program’s four main areas of instruction.

For more information about *Magnificent Marvelous Me*, please visit artwithheart.org/books.

Skills for Learning

Page	Title	Page	Title
2	Welcome to Your Book	37	Oprah Quote Poster
9	Kindness Counts	43	HaHa! HeeHee! HoHo!
20	Face It!	45	Best Day Ever

Empathy

3	Pencil Me In	22	Bird Nests
4	Certificate of Artistic License	23	Story of Your Life
5	Blast Off!!!	27	Build-a-Buddy
8	My Family	28	Heartland
7	Tree of Life	31	Some Body / Every Body
11	You are Super!	35	Hand in Hand
12	No One Like Me	36	Sibling Scribblings
18	Ahoy!	39	Greeting Cards
19	Sweet Talk	44	Secret Top Spy

Emotion Management

6	People Who Help You	26	Crazy Dreams
13	Secret Sauce	32	Feelings Masks
14	What’s my Cattitude?	33	Emotion Ocean
15	Grumpy Feelings	34	Worry Dolls
21	Think About Your Feelings	38	Driving Wheel / Super Duper Poster
25	Yucky Bug	42	What Do You Want the World to Know?

Problem Solving

10	Build Me Up	30	Chalkboard
16	That’s the ticket	41	Food for Thought
17	When you’re not feeling great	46	Does it Compute
24	What’s Next?	47	First Place
29	How are you?		